

into the darkness

‘and into the darkness of the child who lingers lost within the aspects of who i am. lost within the depths of oceans and clouds of my own judgments, especially those of my own misunderstandings. lost within the worlds of my own undertaking as i try to find a place for me to fit within the tapestries of life. lost to the currents of this life and within the commitments i feel i must feed to others in this crowd i find myself, lost. lost within the boundaries that i dare not to set and that are created by others for their own self worth and being. lost to the known as it feels safer to walk into the path of the footprints left by many others before me. lost and afraid to walk a path of my own self, to step over the obstacles that are of my own making, unconsciously or conscious. i find myself lost and want to be found, seen and to be heard, within the truth of who i am and with eyes of those who can see, me. lost is the inner child of the children screaming to come home to the love of self that has been taken, from the circumstances of life. who will be those come to see, to listen, to have presence and dare to stand in the light i cast upon the shadows of my past. who dare to stand with me and walk this new path i try to forge ahead, through the crowds of those who are lost themselves, as we try to brush those shoulders and plant the seeds of a new way. within the darkness we hold the truth of who we are and only through that darkness can we rediscover what was lost, love.’

## Chapter 1

### Baily's Beads

Sometimes I feel like the story of my life is fictional or a fantasy, but the more I move into love, the more I see reality is created with the magick of the world and the divinity of who I am within it. The reality we create is fed from our feelings, thoughts and emotions and also in combination with the reactions to the circumstances and situations we encounter from day to day. As we react to the external world, the aspect of divinity we are within, shifts and paves a path that is part destiny, part choice and clouded with our emotional state.

Our beliefs, emotions and values hold true to carving our path forward, a path through the trees and into the light of love on the other side of the forest. In life we begin the journey of our soul and how what we would like to experience within this lifetime. Many energies affect us along this journey and we have many choices to make along the way.

Destiny is the path our soul has chosen to walk before coming into this plane of existence. There are many routes to take along this path but in the end destiny is the place of our souls calling. The place where we feel safe, at home and at peace. The more we follow the calling of our soul the more of the love of divinity we bring into this life and into the lives of others around us. To follow the calling of your soul is one of courage and authenticity and riddled with challenges along the way. The true heroes journey is not one of saving the world around them, it is saving themselves and having the courage to show others to do the same along the way.

Jesus was not the saviour that history has made him out to be from many aspects. He was a man and not the god he was made out to be. He was a teacher and showed people the truth of their own divinity. His message was that we are aspects of the divine god and none of us are above all others, including himself. His message was that we are all christs, if we so choose to be and that we are all capable of creating the magick as he did. He was here to show people that true magick exists.

Modern culture shows us that someone is coming to save us all in many of the stories we embody in the consciousness of the collective. These stories show us the wrong messages even though they are told with excitement and enthusiasm. The universal truth that has been hidden from us all is the power of our own divinity. We are all the sons and daughters of god and we embody that love, unconditionally. It is up to us all to decide how we want to embody that energy. Do we want to move into a place of power over others or to one of unconditional love for all, including the self, especially the self.

Self love is one of the most elusive aspects on the heroes journey to saving the self. Many of us put others over ourselves and that is just giving your power and divinity away to them. We worship others outside of ourselves and put them on pedestals and freely feed them our life force without even knowing what we are doing so. The truth in the end is to find the love for yourself that puts you as equal to all others, not above and never below. To find the truth of who you are, that you are an aspect of god just as everyone else. We are here to play the parts in the roles of the 'book of life' to experience the divinity of who we are.

The choice to be free and set aside our destiny is the gift of the human experience. To be free within that choice and search for something different or to choose another path is the beauty of the part we play on the collective adventure. I am sure many of us live wonderful lives within the realm of free choice from our souls calling but this was something that I personally could not avoid. The ego self wanted to stay small and safe within the confines of my introverted self. I wanted to hide away from the world and live a life free from the trials and judgments of others that arose from living in my authenticity. I simply could not. My souls calling was too loud to ignore and I often found myself unhappy not following the passions within my life. The simple truth is that following your passions is following the calling that lives deep within us all. Without passion I would remain in that darkness.

We come here to forget who we are so we can take the journey back home. Back to the love of self and back to the divine aspect of divine that we are. As we rediscover this we venture out of the darkness that we have embodied within this lifetime and start to create our own heaven on earth. The truth that Jesus was trying to tell us all that heaven on earth is found within, and then reflected to the world around us. It is not found in some afterlife, it is found within life, within us all, for those who dare to follow that path and adventure.

Jesus came here to share his story, in the divine creation of the story for us all, one of life. The truth Jesus came here to tell us is one of love and divinity and he shared that with those around him along with the magick he was able to create within and for others. He told stories to show the people that true magick exists in belief and faith, a deep faith that is unwavering and beautifully orchestrated in the world around him. He saw magickal elements everywhere he went and tapped into that magick to show people the truth. The truth that true magick exists and we all have access to it. He was a teacher and embodied a love and vibration that made him magnetic because of his authenticity, his truth which was universal truth.

Mary Magdalene was his partner, his love. She understood what he was teaching above all others. She understood and embodied the same level of consciousness and divinity that he was capable of doing. The magick that Jesus created within history, was actually the magick that they created together. I was shown within meditation that when the divine masculine and feminine are both balanced of those energies within themselves, their ability to co create together can be amplified 1000 fold. Together in balance, and each balanced within, to create harmony in the aspects of god that they were. That is the key to truly tapping into the divinity of who we are, better together.

That is where the true trinity lives. It is the trinity of the feminine, masculine and the divine knowing who they are as aspects of creation. They became a creative force to show the world that true magick lives within us all. That the level of creation to move mountains is within each and every one of us and amplified when in balance, especially together. Imagine what we could create as a collective in harmony. That is where we are headed as we take each others hands and hold them on the journey home.

Many of us came into this life to dive into the depths of darkness to become capable of embodying a higher level of love on the other side. Many of our souls choose situations and families to incarnate into to help the collective as a whole. As we work through our own healing and darkness we not only help ourselves heal and elevate in vibration, but we help others to do the same by example and showing the world the real us. We live a life of the black sheep and the outcasts and we have a deep knowing that we are different than most. We take on the darkness, not knowing it was a choice, and work through the processes that lead us back home to love and our true selves. I was shown that with the lower lows that we experience within life, it can bring a capacity for higher highs that we are able to embody as we work through that trauma. We now become a possibility to form into creation a higher level of love on the other side of the healing journey that we now face.

As we experience the lowest aspects of our divine self, we get to experience this life and the purpose it can create through our growth and evolution. The purpose of life is to experience, and as we experience all that life has to offer we allow a shift in who we become in the true love that we are. As we sit in quiet contemplation with the darkest aspects of ourselves we learn to be who we are meant to be in this life and learn to love in a way that we have never before. Only through this darkness can we experience the light of love that comes from the travels of a soul that is unbound by shadow of the cloud of the past.

Light does not exist without the darkness that lives on the other side of the pendulum swing. The experience of the darkness that we can embody will shape who we become later in life. It makes us stronger and more resilient as long as we learn to heal with love and not step into ego to suppress the stuck emotions that lay dormant within the aspects of our mind, body and soul. Healing is the journey of the brave that can truly step into the solitude of their heart and soul. To be able to sit with the self, without distraction and tap into the healing within the divinity of who we are. We all have our own answers within who we are and it is time to become comfortable with sitting quietly with ourselves, our inner child who is waiting there to be let out once again.

Many of us incarnate into families to become the breakers of the chains and cycles that have plagued our family lineage for many generations. To release the emotional traumas that have been embedded and passed down from parent to child within many lifetimes. To become the examples of change as we embody our true selves and live within our authenticity. To become better versions of love as we grow and evolve within this lifetime.

As we form our own methods of learning to heal to create a bridge to allow others to heal as well. When we do are healing and forgiveness to those we have lost to time, you not only heal yourself but you heal them as well, without them consciously knowing. That is the magick of healing and forgiveness that transcends the self and into the realm of the collective consciousness, as we do our own healing, that filters into raising the vibration of the collective as a whole. A huge part of the forgiveness process is to also forgive yourself, for forgiving others, as that is truly where you are able to let go of the energies that may be holding you back.

As we grow up within a childhood that doesn't hold the level of love that a child needs to mature in a healthy way, we develop coping mechanisms to deal with the traumas and imprinted energies that come with such an upbringing. I personally have had two deep rooted traumas that have affected my most of my child and adult life. They have affected me in many ways in how I handled many of the relationships in my lifetime.

One of the first memories of a young version of myself was an imprinted trauma of molestation and unwanted sexual exploitation from an older male in the early years of my life. I can remember many instances of this trauma coming and showing up in many ways within my life. Even though it happened various times it created an environment of fear of seeing this person and an unhealthy introduction to sexuality in a young age. As hard as it was at the time, I somehow got to courage to stand up and stop it from continuing as I had a deep knowing back then that it was wrong and I no longer wanted to live in that place of fear. One day I finally said no, and that became that, and never happened again.

This later showed up in many dreams in various ways and created a toxic foundation for my sexuality. Looking back I now realize that it created a platform for me and the lust for women that started at an early age, long before I would ever know. As a young child I started to look at all women in a sexual way and fantasize about them in many ways and desiring things that no child should be desiring, many years before puberty would even start. I was lost in who I was and the sexuality and that consumed my world at the time, and for many years to come.

When the act of puberty started to shift the energies of my body, so did an unhealthy addiction to porn as that industry was well in swing as the internet was coming online and ease of access to this was booming. I could see that I was not the only one became lost to the lust that was forming around the world in this level of devolution for the collective consciousness. I saw how lusting for others become normal in society and how people would easily succumb to introducing this outside energy into the romantic relationships. It was dividing the feminine and masculine and the love that should be only shared between themselves and the divinity of who they are. The love of the divine was slowly being taken out of the equation and the lust of the darkness was creeping ever so deep into the consciousness of our collective selves.

This energy would later enter into my relationships and would create a lack of intimacy and ability to truly connect with, on many levels sexually and emotionally with my romantic partners. It brought shame and disconnection to places that should have been safe and connected. It created an environment to energetically imprint and express our sexual traumas onto others. It created an exchange of energies that was not one of love and divine in union. It was being lost in a place where I felt that I could never be found. I was not seen for my true self in love as I did not love myself in the way that I needed to at that time. I was lost into the darkness.

Lusting outside of a monogamous relationship is one of creation of the trauma and past experiences that we encounter in life. Programming from all aspects of our past have created a foundation for this to be found easily in many of our relationships even when we start them with the intention of divine love. The lusting outside comes from lack of open communication and complete honesty of how we want our needs to be accompanied, not met. We must learn first that we are responsible to meet our own needs and never allow a codependency to be created for your journey together. The key is to pay attention to your partner and their needs as they meet them, and then to accompany yourself into the meeting of those needs. Paying attention to the small details and expanding on them is so important. This is where presence and being present in your relationship is important.

I am being called into helping women and men with an expansion of their relationships together. To find passion for each other again within a level of intimacy that is both magickal and filled with many wonders. To shift the lust from outside of themselves back inward, towards the self and created together. The share a gift of coming home back to love.

Abandonment is another known trauma that has had a large impact in my life. It stems from a place of the absence of a father figure early in my life. It has shown up in many ways and for instance abandoning others when it was not convenient for me and my life at many times. I found myself abandoning many of my friends, especially those who have meant the most to me. It has also shown up in ways that would create a dramatic, off and on, or back and forth energy with romantic interests and the fear of rejection in those relationships as well. A yo-yo of an emotional roller coaster that I was giving to many in my life.

The fear of rejection has led to me abandon not only others, but also myself in the process of trying to work through those energies. I would find myself lost in who I was when I was trying to figure out the energies and dynamics of the relationships I was in, romantic or platonic. I would get so caught up in trying to prove myself and my worth to those who I wanted to be in romantic relationships with. I would abandon my true self and wear the mask of deception to try to impress those who I wanted to become a part of my life. It was never the purpose to try and knowingly deceive with the mask but an attempt to be a better person, the one I thought they wanted to show up for them. I would abandon my own beliefs and values thinking maybe these beliefs were better than the ones I held for self. I found myself trying to take on personas for others in hopes to cater to how they wanted to be treated and whom they wanted me to be.

I discovered a repeating pattern in my relationships within this journey and self discovery. I found myself to be over giving in all my romantic relationships. The cycles I was repeating was one where I would become over giving of myself to gifted healers who over gave their time and energy to others. They would be the healer to the world around them and I would become the healer within the relationship. I would lose myself to those who did not have the eyes to see my true self and have the capacity to reciprocate and hold my heart as it needed to be held.

I would attract these relationships and these energies from the lack of self love and respect that I held for myself. I did not have the knowledge or capacity to create the proper foundations and boundaries necessary for a proper exchange within these women throughout my life. Without this foundation of love within myself I was unable to attract those who were emotionally available to give to me with equal exchange they would receive from me.

So we are clear, I was never perfect within the elements of these relationships and I made a multitude of mistakes and errors in judgment based on my own wide range of emotional shifts. I am a person who lives within the realm of emotion and that leads the way for me in life. As I may call them mistakes for the past references that they are, but in actuality they were learning lessons to help me evolve and grow into the man I am meant to become. It is an ever evolving symphony of energies that carve a path through the waves of life that show us the mirror of our true selves. As we embody the lessons and truly look at the self and ego, we walk our path home. The lessons within our darkest hours are the gifts that show up later in life as we evolve.

When we are young and more in touch with my childlike self we are able to attune to the divine self more in those early ages. Though the traumas we may experience in those times may exist, we are less defined by the belief systems of our parents, mentors and social programming. We may find ourselves

thinking more freely and being more free spirited in our pursuits of what we feel we want to create in the world we lived in. Living more in the present moment and worried less about the past or the future and dreaming more of what we could become in life, in the present moment.

As we grow older, we take on the outside influences of this world around us we find ourselves becoming lost to who we truly are. We find we begin to wear masks to hide from the world and to try to please others in the pursuit of what we are told in happiness. To pursue the passions of others over the passions of the true self. To find meaning in life, with the meanings of those around you and society in general. We worship others over worshipping the self, with or without ego. We allow our ego to take over with the fears of our past or worries about our future. We loose sight of who we are and our connection to the divine self and fall asleep to the pursuits of our soul and follow the longing of ego.

The ego is a gift that gives us the capacity of self discovery and contemplation. The ego is designed to be one with the mind and allows us to live a life based more on animal instincts and to be in a survival state. Many of the emotional states that we take on that no longer will serve us as we grow and evolve are based within ego and living to just to survive. The ego protected us within a lower vibration and when we start to learn to love the self and surrender to the divine, we start to shift from survival to divine creation. We learn to flow with the love of life and listen to our intuition. The darkness of the ego is necessary as we come home to the love of our divinity.

My spiritual awakening was filled with magick and surrounded by masks and darkness. As I saw got to experience the magick of the new world around me, the darkness of the masks of others helped me to create a new mask for myself without knowing. I was shown that the darkness hides everywhere and is accompanied within all. The darkness hides in all religions including spirituality, especially spirituality. Most religions create a space for you to pray outside of yourself and say that you need an intermediary to show you the path to god. For instance many created a place that Jesus was your only path and salvation to the god outside. He was a teacher who stated that the divine was found within.

Spirituality in my opinion is a more direct path to the truth as long as you can follow your intuition within. It is a place where many teach to channel outside of yourself and find answers elsewhere and that can lead to a path of getting lost in the confusion of messages of others. Many channelers tell people who they are and where they come from. You start to wear masks put on by others and to live a persona that is not one of your own. Channeling and tarot cards are all useful tools as long ad they are combined with intuition and deep introspection of the self. It is easy to get lost in the mass amount of messages presented to you as you awaken spiritually.

Do not allow the world of others tell you who you are, you are meant to discover that on your own, your own way on the path forward. Others are just guidance to learning to use your intuition and discernment to find the truth, the truth of who you are, divinity. I have found, especially in the aksashic record reading community that many people get lost into past lives and are being told they are famous people from our known history. I have gone through this journey myself and know it first hand. I am here to also teach others not to get lost in this path, even though for my journey though it had purpose and meaning, as it was meant for me to show others. Use your intuition to translate the messages of the divine, from all sources. Take the precious time to feel into the truth or you may find yourself lost in the darkness of ego and false masks.

The darkness hides in the presence of false light and your intuition knows the path through the dark forest. Allow your divine self be the guidance through to the dense brush of growth and adventure in the path home. The moon knows the way and filled with intuition, allow the divine feminine aspect of

that intuition come into balance with the masculine aspects of creation to cultivate love and passion along the way. You are home within the self, time to find that true authentic self.